



# the pool

## timetable

JULY – AUGUST



**SWIMMING LESSONS AVAILABLE**

**GROUP LESSONS AND 1-2-1- FOR  
ADULT AND CHILDREN (4YRS + )**

**FOR MORE INFORMATION PLEASE  
CONTACT RECEPTION**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
06:30												
07:00	ADULT SWIM ONLY	ADULT SWIM ONLY	ADULT SWIM ONLY	ADULT SWIM ONLY	ADULT SWIM ONLY							
07:30												
08:00	6.30-9.00	6.30-9.00	6.30-9.00	6.30-9.00	6.30-9.00							
08:30												
09:00	SWIM FOR ALL	SWIM FOR ALL	SWIM FOR ALL	SWIM FOR ALL	SWIM FOR ALL	ADULT SWIM ONLY	ADULT SWIM ONLY					
09:30	09.00-10.15	9.00-12.00		9.00-10.45	9.00-12.00			8.00-10.30	09.00-10.30			
10:00	10.15-11.00 AQUA	PARENT & BABY	SWIM FOR ALL	PARENT & BABY	SWIM FOR ALL	SWIM FOR ALL	SWIM FOR ALL					
10:30	No Swimming Available							10.00-12.00	10.00-12.00	10.15-11.00 AQUA	10.30-15.30	
11:00	SWIM FOR ALL							10.45-11.30 AQUA	10.00-12.00	No Swimming Available	10.30-15.30	
11:30	11.00-12.00		SWIM FOR ALL		SWIM FOR ALL							
12:00												
12:30	ADULT SWIM ONLY	ADULT SWIM ONLY	ADULT SWIM ONLY	ADULT SWIM ONLY	ADULT SWIM ONLY	PARENT & BABY	SWIM FOR ALL					
13:00	12.00-14.00	12.00-14.00	12.00-14.00	12.00-14.00	12.00-14.00			13.00-15.00	10.30-15.30			
13:30												
14:00	14.00-14.45 AQUA	SWIM FOR ALL	SWIM FOR ALL	SWIM FOR ALL	SWIM FOR ALL	ADULT SWIM ONLY	ADULT SWIM ONLY					
14:30	No Swimming Available							14.00-18.00	14.00-18.00	12.00-18.00	12.00-18.00	15.30-17.30
15:00	SWIM FOR ALL							14.45-18.00	14.00-18.00	12.00-18.00	12.00-18.00	15.30-18.30
15:30												
16:00												
16:30												
17:00												
17:30												
18:00			ADULT SWIM		18.00-18.45							
18:30			18.45-19.30 AQUA		AQUA							
19:00			No Swimming Available									
19:30	ADULT SWIM ONLY	ADULT SWIM ONLY		ADULT SWIM ONLY								
20:00	18.00-22.00	18.00-22.00		18.00-22.00								
20:30			ADULT SWIM ONLY		ADULT SWIM ONLY							
21:00			19.30-22.00		18.45-22.00							
21:30												
22:00												